

Targeted Case Management

Provider Education 2025



Acentra Health

- Acentra Health is the Quality Improvement Organization (QIO) for the South Carolina Department of Health and Human Services (SCDHHS) Healthy Connections Fee For Service Medicaid program. We have been providing services utilization management and quality services for SCDHHS since 2012.
- We provide:
 - Medical necessity reviews for multiple medical and behavioral service areas
 - Level of Care reviews
 - Post-Payment reviews





Prior Authorization Requirement as of 7/1/2024

- SCDHHS implemented prior authorization requirements 7/1/2024 for MTCM services delivered by private providers
- CPT codes T1016 and T1017
- State providers do not require prior authorization for services rendered
- The original education presentation from 7/2024 can be found at scdhhs.acentra.com





Medicaid Targeted Case Management (MTCM)

Case management services are defined as <u>optional</u> state plan benefits outlined in the Social Security Act and 1905(a)(19), 42 CFR 440.169 and 42 CFR 441.18. While states are required to provide certain mandatory benefits under federal law, states may choose to add optional benefits to their State Plan process for coverage.

Case Management consists of services which help beneficiaries gain access to needed medical, social, education and other services.

"Targeted" case management services are those services aimed specifically at special groups such as those with development disabilities or chronic mental illness.

South Carolina Department of Health and Human Services (SCDHHS) Health Connections Medicaid covers Targeted Care Management Services in the State Plan as outlined in the **Medicaid Targeted Case Management (MTCM) Services Manual**. SCDHHS limits the provision of MTCM to particular targeted populations (see Chapter 2, *Covered Populations*)

**Members may not be engaged in Multisystemic Therapy (MST), Homebuilders, or Assertive Community Treatment and MCTM at the same time

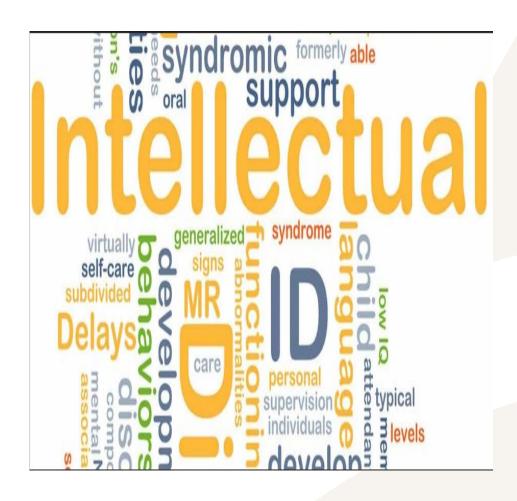


Getting Started -Referral for MTCM

- Individuals must be referred by a physician or licensed practitioner of the healing arts (LPHA)
 - LPHAs hold a master's degree in psychology, social work, counseling or a related field and independent licensure in their identified discipline
 - Licensed psychologist
 - > LISW-CP
 - **>** LPC
 - **LMFT**
 - **LAC**
- Individuals may not self-refer for MTCM
- Documentation from the referring provider must demonstrate:
 - the member's inability to process and comprehend information, resulting in the inability to utilize processes regarding benefit eligibility, medication management, budgeting or ability to perform activities required to live in a community-based setting without support.
 - the member's difficulty communicating and other interpersonal issues as a result of a psychiatric or behavioral
 symptomology, resulting in the inability to achieve goals and obtain services necessary for community living without support



SCDHHS Eligible Populations



- Individuals with Intellectual and Related Disabilities
- At-Risk Children
- Individuals with Serious and Persistent Mental Illness
- Individuals with Head and Spinal Cord Injuries and Related Disabilities
- At-risk pregnant Women and Infants
- Individuals with Psychoactive Substance Disorders
- Individuals at risk for Genetic Disorders
- Individuals with Sensory Impairment
- Adults with Functional Impairments



Individuals with Intellectual and Related Disabilities

- Individuals who are diagnosed or have a suspected diagnosis of intellectual disability (ID).
 - ID is defined as significantly sub-average intellectual functioning (affecting areas of learning, problem solving and judgement which exists concurrently with deficits in adaptive functioning (including activities of daily living)
- Related disability (RD) is a severe, chronic condition found to be closely related to intellectual disability that may cause <u>adaptive functioning deficits</u>, <u>activity limitation</u>, and difficulty interacting with others. (Autism)
- Both ID and RD must meet <u>EACH</u> of the following conditions:
 - Manifest before 22 years of age and be a lifelong condition
 - Results in substantial functional imitation in three or more areas of major life activities: self care, language use and comprehension, learning, mobility, self-direction and capacity for independent living
 - The individuals needs require supervision due to impaired judgement, behavior problems to include aggression or because of drug effects/medical monitoring
 - The individual needs services directed toward acquiring skills to function as independently as possible or to prevent regression or loss of current optimal functional status.
 - Specific symptoms or disturbances make the member unable to access behavioral health, medical, education, social, developmental or other supportive services.



At-Risk Children –under the age of 21

- Must meet one of the following:
 - At high risk for medical compromise due to <u>one or more</u> of the following:
 - Failure to take advantage of necessary healthcare
 - Non-compliance with prescribed medical regime
 - Inability to coordinate multiple medical, social or other services due to an unstable medical condition
 - Absence of a community support system to assist in appropriate follow-up care at home.
 - Behavior that his harmful to others severe aggression
 - A victim of abuse, neglect, or violence
 - Medical complexity that requires frequent care planning
 - Diagnosis of or suspected diagnosis of developmental delay or a diagnosed physical or mental condition that has a high probably of resulting in developmental delay and/or ID in someone less than 6 years of age.
 - Children and youth who at any time during the past year have had a mental or behavioral health diagnosis and/or has met diagnostic criteria as specified in the current edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM)
 - > Z codes primarily for children six and under, considered temporary in children 7 and older and must be replaced by a psychiatric diagnosis for continued services after assessment.
 - Specific symptoms or disturbances make the member unable to access behavioral health, medical, education, social, developmental or other supportive services required.



Adults with Serious and Persistent Mental Illness

- Age 21 and older who have a major mental disorder included in the current edition of the DSM:
 - the schizophrenia spectrum
 - other psychotic disorders
 - major affective disorders
 - severe personality disorders,

or

- a diagnosis of a mental disorder and at least one psychiatric hospitalization with in the past 12 months for treatment of a mental disorder
- Specific symptoms or disturbances make the member unable to access behavioral health, medical, education, social, developmental, or other supportive services required.



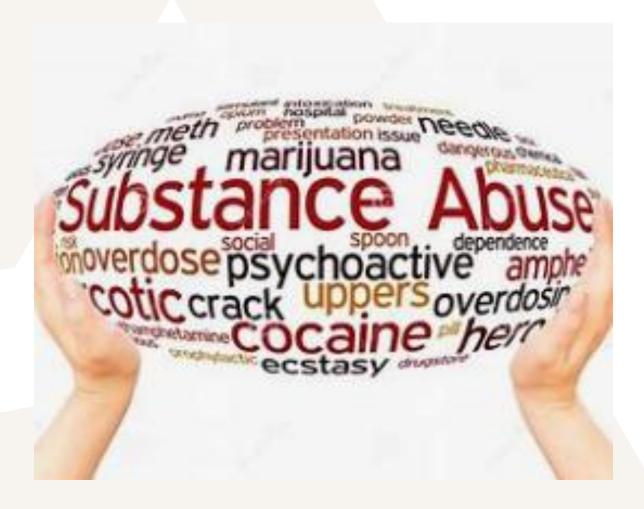
At-Risk Pregnant Women and Infants

- Medicaid-eligible pregnant women who are at risk for medical compromise due to one of the following:
 - Failure to take advantage of necessary prenatal care or services.
 - Non-compliance with prescribed medical regime.
 - Inability to coordinate multiple medical, social, or other services due to an unstable medical condition in need of stabilization.
 - An inability to understand medical directions because of comprehension barriers and:
 - > Is expecting her first live birth and has never parented a child, or
 - > Has previously been pregnant, but experienced a stillbirth, miscarriage or had an abortion, or
 - > Has previously parented her child but her parental rights were terminated, or
 - > Has delivered a child, but the child died within the first 24 months of life, or
 - Has parented a child but there is an age gap of 15 or more years since the last delivery.
 - The at-risk infant is eligible for case management under this population to the second birthday.
 - Specific symptoms or disturbances make the member unable to access behavioral health, medical, educational, social, developmental or other supportive services required.



Individuals with Psychoactive Substance Use Disorder

- Medicaid-eligible individuals who are at risk of substance use disorders, dependency or addiction, or diagnosed with a substance use disorder, psychoactive substance dependency, or substance induced organic mental disorders, as defined in the current edition of the DSM or Medicaid-eligible individuals who received treatment in an intensive substance use treatment program or required services in a chemical dependency hospital.
- Specific symptoms or disturbances make the member unable to access behavioral health, medical, educational, social, developmental or other supportive services required.





"At-Risk" of Substance Use Disorders, Dependency, or Addiction

- Individual must have identified at least two risk factors, one of which involves active substance use in any of the three domains
 - Substance Use Disorder (SUD) Risk Factors
 - > Persistent problem behaviors (pre-adolescence to adult) including:
 - Risk-taking, high sensation-seeking behaviors (in adolescents, consider developmental stages).
 - Antisocial behavior.
 - AOD use that does not meet diagnostic criteria (in adolescents, includes experimental use; in adults, increased use when stressed or self-medicating due to other symptoms/problems).
 - Family
 - Low perception of harm (increases likelihood of initiating use).
 - > Perception of parental/sibling acceptance/approval of substance use (strong predictor of adolescent substance use; linked to alcohol initiation during family gatherings).
 - ➤ Lack of mutual attachment and nurturing by parents/caregivers with a family history of alcoholism.
 - > Chaotic home environment with substance use in-home.



"At-Risk" SUD continued

- Peers/School/Community
 - Associating with substance-using peers.
 - Drinking in social settings or having peers who do.
 - Accessibility to alcohol and other drugs.
 - Availability of alcohol and other drugs.
 - Misperceptions about extent and acceptability of drug-using behavior.
 - Beliefs that drug use is generally tolerated.



Individuals At risk for Genetic Disorders

- Individuals who have been diagnosed with a genetic disorder, have preliminary laboratory tests showing evidence of a disorder or individuals who have a family member with an illness which is associated with a genetic disorder.
 - The individual must be referred by the doctor of the individual who has been diagnosed with an illness caused by a genetic disorder.
- Specific symptoms or disturbances make the member unable to access behavioral health, medical, educational, social, developmental or other supportive services required.





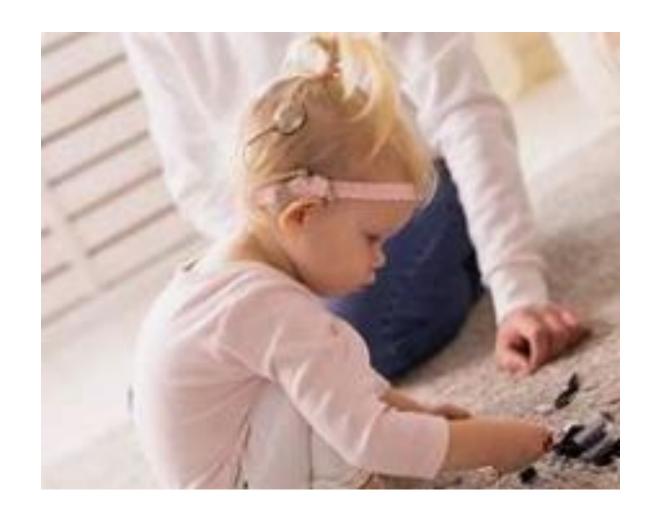
Head and Spinal Cord Injuries and Similar disorders

- Individuals who are suspected of having a traumatic brain injury, spinal cord injury or both, or a similar disability <u>not associated</u> with the process of a progressive, degenerative illness, dementia, or a neurological disorder related to aging, regardless of the age of onset. The individual has substantial functional limitations and:
 - Has urgent circumstances affecting his or her health and functional status, and
 - Is dependent on others to provide or assist with critical health needs, basic activities of daily living or requires daily monitoring or supervision to avoid institutionalization and
 - Specific symptoms or disturbances making the member unable to access behavioral health, medical,
 educational, social, developmental, or other supportive services required.



Individuals with Sensory Impairments

- Non-institutionalized individuals between the ages of 0-64 diagnosed by a qualified specialist in the area of vision or hearing as legally blind, visually impaired, deaf, hard of hearing, or multi-handicapped
- Specific symptoms or disturbances make the member unable to access behavioral health, medical, educational, social, developmental or other supportive services required.





Adults with Functional Impairments – 18 yrs and older

- Individuals must meet all the following criteria:
 - Lack formal or information resources to address their mental and physical needs
 - Have at least two functional dependencies or one functional dependency and a cognitive impairment
 - Require MTCM assistance to obtain needed services
 - Are at risk for institutionalization
 - Specific symptoms or disturbances making the member unable to access behavioral health, medical, educational, social, developmental, or other supportive services required.



Required documentation for Prior Authorizations

- Initial Authorization for Newly referred members
 - MTCM Referral form completed in its entirety and signed by the referring physician or LPHA.
 - The referral form must include documentation to indicate the eligibility category and provide details to substantiate the severity of the member's condition and needs for MTCM.
 - If the referring provider does not use the MTCM referral form, he/she is still responsible for providing the required information.
 - The QIO may request additional information from the submitting agency to validate and further substantiate information if needed, to make a determination.
 - Freedom of Choice Form
 - Signed by the member or legal guardian
 - Brief Screening Form
 - To be completed by the CM agency at intake for immediate/urgent needs



^{**}Failure to submit required forms/documentation will result in administrative denials for insufficient information.

MTCM Referral Form

	Healthy Connections MEDICALD
Targeted Case Management Referral	
Beneficiary Inform	ation
Beneficiary Name:	
Last First	M.I.
Beneficiary Date of Birth: Medicaid ID:	Date of Referral:
Beneficiary Phone Number: Beneficiary Email:_	
Parent/Guardian Name (If Applicable): Last First	
Diagnosis Code/s:	
Referral Instructions	
(1) Complete sections 1, 2, and 3 of the form.	_
(2) The Referral Form is only valid for 90 days. If a member requires service	es beyond 90 days,
submit a new Referral Form prior to the referral end date.	
1. Referral Source Information:	
Provider/agency name:	
Address:	
Phone number:	
TIN: NPI:	
Name of person completing form:	·
Contact information:	
Phone E-mail	
Priorie E-mail	
2. Referral Indicators:	
Note which areas require attention (Choose as many as applicable).	
Medical Social Psychosocial Educational	Vocational
Financial Housing Transportation Food Insecurity	Other

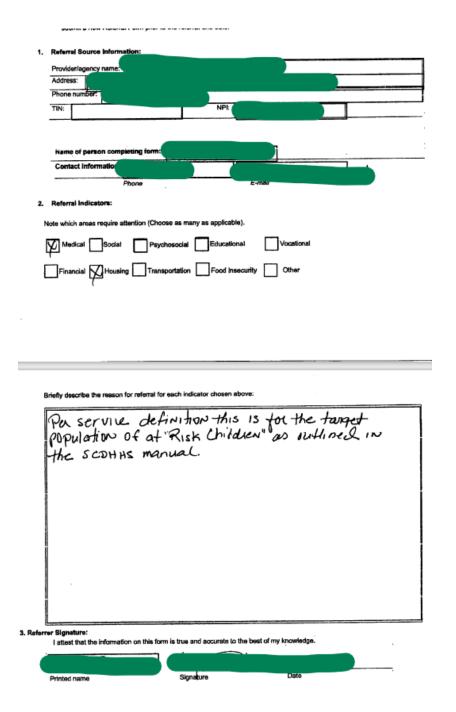
Briefly describe the reason for referral to	or each indicator chosen above	ve:	
3. Referrer Signature: I attest that the information on this for	rm is true and accurate to the	best of my knowledge.	
Printed name	Signature	Date	



Concerns -Initial Requests

Issues

- Referring provider credentials missing
- Forms not completed
- No Targeted Population provided
- Criteria not met for Targeted Population
- No background information provided
- No planned interventions provided
- No clinicals or explanation
- No response from Provider for additional information
- Diagnosis codes submitted do not match clinical notes





ICD-10 Codes

Codes entered into Atrezzo from PA Form

⊙ CODE	DESCRIPTION
F43.10	POST-TRAUMATIC STRESS DISORDER UNS
F32.2	MAJ DEPRESS 1 EPIS SEV W/O PSYCHOT
F43.25	ADJUST D/O W/MIXED DISTURB EMOTIONS
F91.3	OPPOSITIONAL DEFIANT DISORDER
F63.81	INTERMITTENT EXPLOSIVE DISORDER

DSM-V Diagnosis:

1: Z63.0-Problems in relationship with spouse or partner-(Dx Date :04/17/25);

2: Z62.810-Personal history of physical and sexual abuse in childhood-(Dx Date :04/17/25);

3: Z55.9-Problems related to education and literacy, unspecified-(Dx Date :04/17/25);

4: Z59,9-Problem related to housing and economic circumstances, unspecified-(Dx Date :04/17/25);



Diagnosis Co	Coders F84.0, R62.50, G90.8
(2) The R	piete sections 1, 2, and 3 of the form. Referral Instructions Referral Form is only valid for 90 days. If a member requires services beyond 90 days, mit a new Referral Form prior to the referral end date.
	and rasewight prime, such A The Greenwite, SC & 1015
Contac	of person completing form: Askley Haweld, M. set information: 844-522-528D askley harrelde prismake 1th. org Phone E-mail Indicators:
Drief	is a patient seen at Ferlanto Center for Complex Pediotric Cone with diagnoses of cerebral pakes, developmental delay, Chronic lung disease, autism, ADAD sensory processing director, among other medical completities. Due to Keegan's medical conditions it is medically necessary that he receives ABA therapy, to hours per years.
2. Referrer 5	Signature: aftest that the information on this form is true and accurate to the best of my knowledge.
0	W. Kent John J. 15-25 Signature Date Signature

	Provide a brief description of the Beneficiary's strengths, needs, and preferences in each of the following areas. If there is no presenting problem or goal in an area, note as non-applicable.
	Chronic Lung disease, GIT issues, cerebra 199814,
	Psychosocial Social and (Municipal) Concess processing by the
	Educational Phintergavoien /Homeschen) for vextycar
	Financial: NA
	Housing NA
	Food Insecurity: N/A
	Other: NA
	Other Providers or Agencies List all other providers or agencies currently being utilized by the Beneficiary. Include the purpose of utilization and phone number, if known
	number, if known 1 ST - Spea Ling Life 2 CIT - Spea Ling Life
	* LOT - Jupipstart peds
7	
	pt - developmental peds / uidue tics
	ARA - Bendinas a go-go
1	Supports and Services
	Note any family or frends that are a source of support
	Twin Byother Hoddex, Sister, Brother in Law,
	TWEVAPETS/SOCIALETS If the Beneficiary is not confected to peer supports, do they want to be referred?
	Lyc



MTCM Brief Screening Form

	Beneficiary Information
Beneficiary Name:	Last First M.L
Beneficiary Date of Bi	
Beneficiary Phone Nu	mber: Beneficiary Email:
Parent/Guardian Nam	e (If Applicable): Last First
Diagnosis Code:	
	Presenting Concerns(s)/Immediate Needs
Barrier Liver Land	scription of the Beneficiary's strengths, needs, and preferences in each of the following areas. If the
Provide a brief des	
presenting problem	
	or goal in an area, note as non-applicable.
presenting problem Medical:	
Medical:	
Medical: Social: Psychosocial:	
Medical:	
Medical: Social: Psychosocial:	
Medical: Social: Psychosocial: Educational:	
Medical: Social: Psychosocial: Educational: Vocational:	
Medical: Social: Psychosocial: Educational: Vocational: Financial:	
Medical: Social: Psychosocial: Educational: Vocational: Financial: Housing:	
Medical: Social: Psychosocial: Educational: Vocational: Financial: Housing: Transportation:	

3.	
4.	
5.	
Supports and Se	ervices
Note any family or friends that are a source of support:	
List other sources of support in the community, such as church or other	er organization involvement:
If the Beneficiary is not connected to peer supports, do they want to be	e referred?
Disposition	
Case management recommended? Yes No (Inform clien	nt access to CM is available if future need arises)
Case Management accepted?	
x	
Beneficiary Signature:	Date:
OTHER IMMEDIATE REFERRALS MADE: (include contact name)	
Hospital/Clinic:	Reason:
Agency:	Reason:
Agency:	Reason:
Internal:	Reason:
Internal:	Reason:



Examples

	Healthy Connections
Targeted Cas	se Management Brief Screening
	Beneficiary Information
eneficiary Name:	Last First M.L.
eneficiary Date of	
eneficiary Phone	
	arne (if Applicable): Lasu
lagnosis Code:	170.0
i ,	Presenting Concerns(s)/Immediate Needs
presenting proble	description of the Beneficiary's strengths, needs, and preferences in each of the following areas. If the am or goal in an area, note as non-applicable.
Social:	
Psychosocial:	
Educational:	
Vocational:	
Financial:	
Housing:	rox a place
Transportation:	
Food Insecurity:	
Otner:	
Other:	Other Providers or Agencies

Supports and Serv	rices	
Note any family or friends that are a source of support:		
List other sources of support in the community, such as church or other	organization involvement:	
If the Beneficiary is not connected to peer supports, do they want to be n	eferred?	
If the Beneficiary is not connected to peer supports, do they want to be in	didired:	
Disposition		
21393311011		
Case management recommended? Yes No (Inform client a	access to CM is available if future need arises)	
Case Management accepted?		
11000		
Beneficiary Signature: Verbal Consent	Datc	
OTHER IMMEDIATE REFERRALS MADE: (include contact name)		
	Reason:	
Hospital/Clinic:		
Agency:	Reason:	
Agency:	Reason:	
Internal:	Reason:	
Internal:	Reason:	



Required documentation for Continuations

Continuation for members previously approved for first 45 days of MTCM

- Full CM Assessment
- CM Care Plan
- Service Notes for the last 30 days

Continuation for members at the first 180 days

- Updated CM Assessment
- Updated CM Care Plan
- Service notes from last 30 days
- Any additional substantiating documentation: hospital discharge, psychology reports, etc.

^{**}Failure to submit required forms/documentation will result in administrative denials for insufficient information.



Concerns - Continued Review Request

- Requests for "monitoring" only.
- Requests for members or parents who are not compliant with plan of care.
 Resources have not been used or followed up on by member or caregiver.
- Requests for "possible issues that may occur in the future"
- Immediate referrals from assessment have not been completed.
- Documentation of interventions do not match the plan of care.
- Case is for a child; however, documentation of interventions is for the parent. The interventions do not directly involve the child (member).
- Unable to determine what interventions have been completed/started/inprogress on plan of care. Limited information provided in case notes.



Example:

17-year-old At Risk Child - Approved

exhibits aggressive behaviors, such as fighting and bullying, which harm both herself and others. These actions stem from her trauma-related emotional dysregulation and lack of coping skills. Without intervention, these behaviors may escalate, leading to legal or academic consequences.

Disposition/Referrals and Recommendations: (Including emergency health needs.)

Immediate referrals include trauma-focused therapy, family interventions, and school-based supports. Emergency health needs, such as crisis intervention, should be prioritized to prevent escalation.

F43.10	POST-TRAUMATIC STRESS DISORDER UNS
F32.2	MAJ DEPRESS 1 EPIS SEV W/O PSYCHOT
F43.25	ADJUST D/O W/MIXED DISTURB EMOTIONS
F91.3	OPPOSITIONAL DEFIANT DISORDER
F63.81	INTERMITTENT EXPLOSIVE DISORDER



Example continued

DSM-V Diagnosis:

- 1: Z63.0-Problems in relationship with spouse or partner-(Dx Date :04/17/25);
- 2: Z62.810-Personal history of physical and sexual abuse in childhood-(Dx Date :04/17/25);
- 3: Z55.9-Problems related to education and literacy, unspecified-(Dx Date :04/17/25);
- 4: Z59.9-Problem related to housing and economic circumstances, unspecified-(Dx Date :04/17/25);

Purpose of Contact

1) Foster Independence

Foster Independence
 Foster Independence

Intervention/Activity (What you did)

Life skills training (e.g., cooking, resume building)

discussed the importance of a 17-year-old indolence and take steps toward independent living. will work with to break down his larger goals such as obtaining a driver's license, securing a part-time job, and developing life skills into smaller, manageable tasks. will help research the requirements for a learner's permit, create a timeline for completing driver's education, and schedule practice sessions with a trusted adult. action while offering encouragement and celebrating small victories along the way. Sonnect with resources and opportunities to build practical life skills. discussed with the importance of enrolling him in cooking classes, helping create a resume, or arranging mock interviews to will collaborate with local organizations prepare for job applications. or foster care programs that offer life skills training for transitioning youth. will make the learning process more engaging and relevant, increasing the likelihood that will follow through. will provide emotional support by creating a safe, nonjudgmental space where he feels heard and understood. will actively listen and validate selings whether it's anxiety about



Prior Authorization Requests



*required forms may be found at scdhhs.gov or scdhhs.acentra.com

Authorization requests may be submitted:

1. online at https://portal.kepro.com or

2. by faxing the MTCM Authorization form and all documentation to 1-855-300-0082

**authorizations submitted online still require all required documentation to be uploaded



Review Process – 5 business days



Administrative Requirements

- Member eligibility verified
- Provider eligibility verified
- Medicaid Guidelines applied



Nurse Review

- InterQual® or State defined criteria applied
- May pend for additional clinical information
- Approve if criteria met
- Refer to physician reviewer if documentation does not support medical necessity.



Physician Review

- The medical director, or another qualified physician reviewer will review the case against InterQual® or State defined criteria and national standards to provide a decision
- The physician or qualified practitioner may approve or deny the review



Denials and Reconsiderations

Administrative Denial

- •When any portion of the review is denied because it does not comply with Medicaid regulations
- Example: untimely, insufficient information
- Provider may submit a new case for the service if an administrative denial is received. This does not apply to those cases that were denied for untimely submission.

Clinical Denial

- Occurs when any portion of the requested service is denied by a physician reviewer due to medical necessity
- Does not meet state Medicaid criteria with information submitted or does not meet other national evidence-based criteria

Reconsideration

- May only be requested for clinically denied cases
- Not used for Administrative Denials
- Determinations will be made within 30 days of receipt of the request



Reconsiderations

- May be submitted within 30 days of the clinical denial date
 - This is your opportunity to provide more detailed clinicals
- A clinical reviewer will review any additional information submitted.
- If unable to meet State approved criteria or policy, it will be referred to the physician reviewer.
- A physician reviewer a different physician from the one who originally reviewed the case will look at the case and any new information submitted to support the reconsideration
- The physician reviewer may
 - Uphold original decision (no change made)
 - Overturn the original decision (approve the case)
- If original decision is upheld, provider may appeal the decision to SCDHHS.



Appeals

- If a reconsideration is upheld, an appeal may be requested. Specific instructions will be included in the reconsideration determination letter.
- SCDHHS will review the provider's request and conduct a Fair hearing.
- Members may request an appeal within 30 calendar days from the reconsideration determination notice:
 - online at www.scdhhs.gov/appeals,
 - Fax 803 255 8206
 - Email appeals@scdhhs.gov
 - Mail Office of Appeals and Hearings
 PO BOX 8206
 Columbia, SC 29202





Resources and Education

- Medicaid Targeted Case Management Services Manual
- Provider Training Resources | SCDHHS
- SC Acentra Health website
- Acentra Health Customer Service
 - **-** 1-855-326-5219
 - scproviderissues@acentra.com generic questions please, do not include PHI





